

SUMMER 2022

WEEK ONE

Monday

MEAT FREE

Cheese & Tomato Pizza
(v)



New Potatoes



Sweetcorn
Coleslaw



Healthy Fruit Day

Tuesday

Meatballs in Tomato Sauce
Or
Quorn Meatballs in Tomato
Sauce (v)



Rice



Peas



Flapjack

Wednesday

ROAST

Roast Chicken and Stuffing
or
Roast Quorn Fillet with Stuffing
(v)



Roast Potatoes
Carrots
Cabbage
Optional Gravy



Healthy Fruit Day

Thursday

Spaghetti Bolognese
or
Pasta Neapolitan (v)



Homemade Garlic Bread



Broccoli



Chocolate Sponge with
Chocolate Sauce

Friday

Fish Fingers
or
Quorn Dippers (v)



Chips



Baked Beans
Peas



Ice Cream

Also available daily - Fresh Wholemeal Bread; Fresh Fruit; Yoghurt; Fresh Milk and Water



SUMMER 2022

WEEK TWO

Monday

MEAT FREE

Pasta with Tomato or Cheese Sauce (v)



Homemade Garlic Bread



Peas



Healthy Fruit Day

Tuesday

BBQ Chicken
or
BBQ Quorn Fillet (v)



Rice



Sweetcorn



Blueberry & Lemon Traybake

Wednesday

ROAST

Roast Gammon
or
Vegetarian Sausage Roll (v)



Roast Potatoes
Carrots
Cauliflower



Healthy Fruit Day

Thursday

Chicken Burger in a Bun
or
Veggie Burger in a Bun (v)



Pesto Pasta Spirals



Broccoli



Oat Cookie

Friday

Fish Fingers
or
Omelette (v)



Chips



Baked Beans
Peas



Ice Cream Sponge Roll



SUMMER 2022

WEEK THREE

Monday

Sausages
or
Vegetarian Sausages (v)



Mashed Potatoes



Sweetcorn



Healthy Fruit Day

Tuesday

Chicken Italienne
or
Quorn Italienne (v)



Rice



Green Beans



Jam Sponge &
Custard

Wednesday

ROAST

Roast Turkey with Sage &
Onion Stuffing
or
Vegetarian Meatballs(v)



Roast Potatoes
Carrots
Broccoli
Optional Gravy



Healthy Fruit Day

Thursday

Chilli Con Carne
or
Quorn Chilli (v)



Rice



Peas



Jelly

Friday

Fish Fingers
or
Vegetarian Sausage Roll (v)



Chips



Baked Beans
Peas



Chocolate Shortbread



Also available daily - Fresh Wholemeal Bread; Fresh Fruit; Yoghurt; Fresh Milk and Water